

# Catalina Community Services

## News & Notes

**Mission:** To provide assistance to Greater Catalina residents to improve their quality of life.

**Vision:** To be the Resource Center of choice with consistent services by volunteers to all residents of the Greater Catalina area.

VOLUME 6 ISSUE 3

WINTER 2011

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Nearly six months on Hawser Street, and I must say we seem to be feeling at home these days, settled in. Volunteers and staff sometimes find themselves reminiscing, sharing and laughing at tales about the days we operated out of the old house on Gold-er Ranch Road; and, they wonder how they could have such fondness for cramped quarters, worn out furnishings, and so many inconveniences.

This was the place they all met and became friends, shared so many memories and felt fulfilled by all they did to help their community. It is a rich history of who they, and Catalina

Community Services, have become and all that has been accomplished.

It is remarkable how the organization has grown over the years, a tribute to a truly caring community. I have thoroughly enjoyed being a part of CCS and look forward to an incredible time ahead.



I think you'll be amazed at the assistance CCS provides as you read through these pages; and, we thank you all for making it possible.

Barbara McClure,  
Executive Director

*What a wonderful winter  
we had in Catalina!*



Unique gifts from special friends ♦  
Joyous celebrations ♦ Time together



Snow in our yards  
♦ Infinite opportunities to bring smiles to so many people ♦  
Time to give thanks for all our blessings

*This is the season  
we honor volunteers.*

**THANK YOU  
EVERYONE!**

*"The capacity to care  
is the thing which  
gives life its deepest  
significance."*

Pablo Casals

*"Too often we  
underestimate the  
power of a touch,  
a smile, a kind word,  
a listening ear, an hon-  
est compliment, or the  
smallest act of caring,  
all of which have the  
potential to turn a life  
around."*

Leo Buscaglia



## Catalina Community Services

### BOARD OF DIRECTORS

#### Officers

Aaron Franco..... President  
 Richard Hudgins... Vice President  
 Pamela Kallio \*..... Treasurer  
 Peggy Smoot ..... Secretary

#### Members

Julie Davis  
 Kristiana Foss  
 Jerry McElhiney \*  
 Bob Richards \*  
 Patrick Shaffer \*  
 Paulette Stark  
 Al Trice

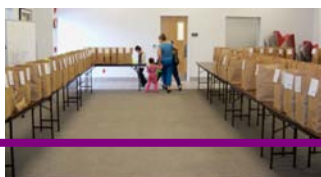
### OFFICE INFORMATION

#### Main Office

3535 E. Hawser St.  
 Catalina, AZ 85739  
 520-825-0009 Phone  
 520-825-6899 Fax  
 office@catalinaservices.org  
 Monday to Friday  
 8am-4:30pm

[www.catalinacommunityservices.org](http://www.catalinacommunityservices.org)

**Catalina Community Services  
Helps:**  
*Calm the Troubled,  
 Feed the Hungry,  
 Care for the Seniors,  
 Clothe the Needy,  
 Help the Children,  
 Welcome the Babies,  
 and  
 Respects the Goodness  
 and Dignity in Us All...*



## From The Board of Directors

### New Board Members Join the Team

Catalina Community Services Board of Directors is pleased to announce the addition of four new members. See the asterisks \* at left.

All come with a variety of Board, business, and non-profit experience, and are truly looking forward to being part of our wonderful organization. One new member lives in Catalina, one owns a Catalina business, and all four live in our service area. Watch for bios in the next newsletter...

Were you sitting on the sidelines at the Oro Valley Holiday parade this year? You might have seen our Board President, Aaron Franco, staff, and volunteers go by, passing out information and collecting canned food donations...



### We bought a truck!

A used truck—from our partners at the Golden Goose Thrift Shop.

This will allow us to go to the Food Bank whenever needed, and to improve other services as well.



Working on a design using the CCS logo and images on the sides of the truck. Watch for it around town....



...caring  
for the  
hungry.





## Winter Partners warmed the hearts of many Catalina area residents this year.

As they have for many years, our friends from the Catalina Mountain Elks Lodge joined us again at the Golder Ranch Fire Department to package Holiday dinner supplies. This year we put together enough dinners for 273 families who signed up for Thanksgiving assistance. 65 of those families received turkeys donated by members of the community who dropped by the food bank. Each family drew for the opportunity. Those who did not receive a turkey were given a Bashas' gift certificate to be used toward their holiday ham or turkey.



*Catalina Mountain Elks Lodge #2815*

### Sun City Seniors For Kids

We are fortunate to have many friends in the Sun City 'Seniors for Kids' club as well. One of the things they do for us is donate refurbished bicycles. Volunteers rebuild bicycles for the children in our program. Many were given out at Christmas time, some recently, and about 25 more will be going out to children in the month of March.

When possible, the club members like to fit the bicycles to the recipients, to be sure the children are riding appropriately sized bikes, and each comes with a coupon for a bike helmet from the Golder Ranch Fire Department.



*Bike helmets provided by Golder Ranch Fire District*



**Rancho Vistoso Sun City Club Heroes**

### Sun City Democratic Club

These friends organized a food drive in Rancho Vistoso during the months of November and



December. Each week, representatives dropped off boxes and bags of food at the CCS Food Bank—to the tune of more than 1000 pounds overall! Thank you to all who participated, and thank you Dems for your terrific support!

**Read about many other wonderful Winter Partners throughout this newsletter.**

## Another wonderful collaboration this winter was with Oro Valley Hospital Employees:

**200 New Crock Pots were donated by the hospital employees and given out with our Christmas dinner supplies.**

You should have seen the excitement on the faces of people who had wanted one for a long time, or those who were planning to give the crock pot to a parent or wife as a Christmas gift.

The project must have been the talk of employees at Oro Valley Hospital because a woman, unknown to us, came by CCS with a \$100



donation soon after being released from the hospital herself. She had been a patient while the collection was under way and heard the nurses talking about it.

Having been so impressed with her level of care from the doctors and nurses, and by their support of community, she made the donation in their honor — to be used to buy additional crock pots.

With help from our friends at Oro Valley **Walmart** her donation purchased eight more!



Have you met **Rene Sanchez?**

This Ironwood Senior has been interning at CCS and the Pima

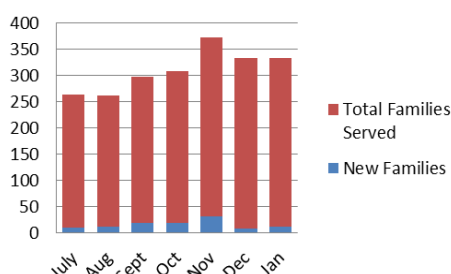


County Health Department this winter, and has put in more than 100 hours of volunteer service!



**Our clientele grew by 40%!**

**Food Bank—Clients Served**



So many of you gave generously during the holiday season. It is the time of year when people most remember those less fortunate.

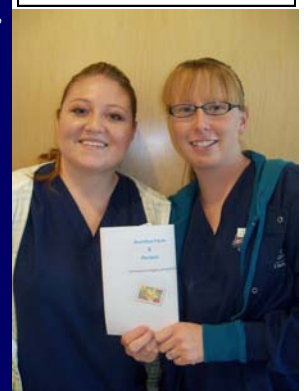
We took in over 47,600 pounds of food in four months, which was great, because we had 62 new families sign up for services between Oct & Jan.

**47,600 Pounds**



Pat Wallace with our Pima County Health Dept. / Catalina Clinic introduced us to two UofA Nursing students, Korynn Kowren & Victoria Thacker (*LtoR pictured at right*), who created bilingual cook-books for our clients. These are filled with recipes that can be made with the foods we give out at the Food Bank, information about the ways in which fats, carbs and proteins affect the body, appropriate food portion sizes and food storage & cooking safety tips. These books will go out to each family in March.

THE UNIVERSITY OF  
**ARIZONA**  
COLLEGE OF NURSING



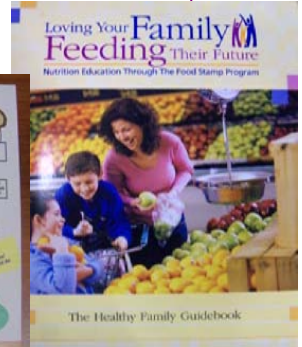
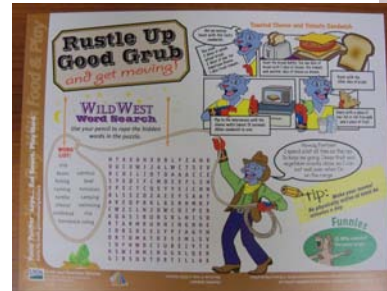
**Thank you,  
Ladies!**





Each month in our Food Bank, we now offer some type of nutritional education. From the USDA we have ordered activity sheets for children and pamphlets & fliers for adults. Our goal is to help families learn more about nutrition and give them the tools to make healthy choices—to promote healthy lives. We plan to partner with the Health Department to do even more.

### Activity books for February



# In our Food Bank: More Families, New Ways to Cook, and Nutritional Education



We are thankful to all who donated food, and who helped pack bags this holiday season. We distributed 243 Thanksgiving Dinner Packs, and 208 Holiday Dinners in December.



Bread from Fry's markets every day, citrus from our neighbors' trees, lettuce, tomatoes, potatoes, squash, cucumbers, mangos, frozen blueberries, frozen chicken, ham, milk, cheese—these are the foods we distributed this winter!



Rolling carts make food delivery fast & easier on everyone's back!



### NEW EXTENDED HOURS AT THE FOOD BANK

Open all day every Wednesday to accommodate the growing number of clients and their various schedules.





# Clothing Bank News

We were very excited to establish a new partnership with Wilson K-8, thanks to Sandra Darang and the PTO, lead by Jean Garrett. Many of you may recognize Sandra as our previous CCS bookkeeper. She is a parent of one of 'Wally's Wranglers'. The PTO was looking for a special holiday project, so Sandra suggested we meet together to share the programs and needs of Catalina Community Services.

Knowing that we have a difficult time keeping children's clothing in stock, and that we were looking to expand our literacy program, the PTO decided to rally the kids to a gently used clothing and book drive.

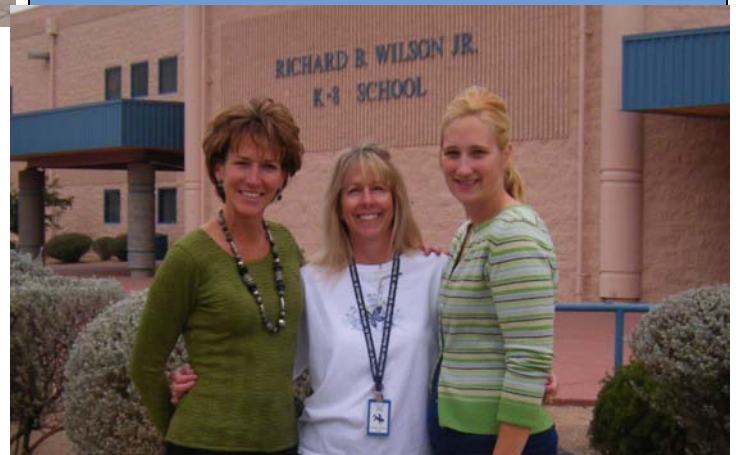
*Their generosity was surprising!*



*Over 6000 items were collected!*



Wilson School - Wally's Wranglers also joined us during the winter season to help solve one of our greatest Clothing Bank problems, and offer a great kick start to our expanding literacy program.





**Thanks to Wally's Wranglers,  
& Christopher Kelly (pictured at right)  
and his Coronado K-8 Scout Pack,  
our children's department was  
brimming with donations all season...**



Most of the items have gone home with families by now, but how lucky all the volunteers and staff were to see the excited faces and talk to the families who were so thrilled to have such a selection available. **Thank you to all who participated in these events. You truly impacted many lives!**



### NEW EXTENDED HOURS AT THE CLOTHING BANK (CB)

In our old location, the CB was only open three mornings a week. Now we are open five mornings a week, and all day every Wednesday, to accommodate the growing number of clients and their schedules.

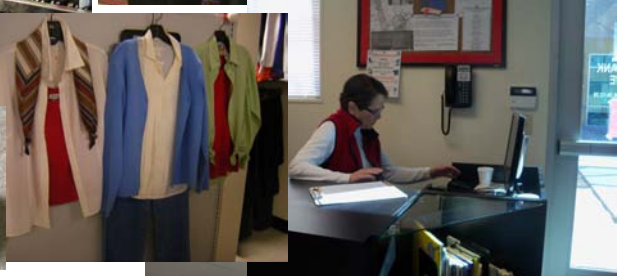
### A FEW COMMENTS FROM OUR COMMUNITY MEMBERS...

*This is the first time we used the clothing department with you. Philip was very kind and helpful. Kathy was terrific. I got some wonderful pieces of clothing today! Lucky to have found some Birkenstock sandals in great shape!*

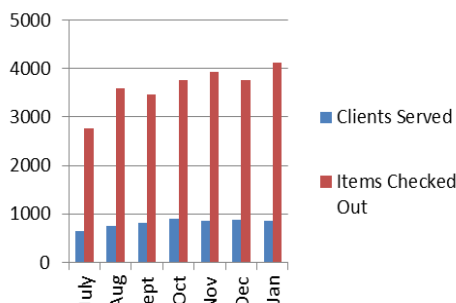
- Erin

*I cannot thank all of you enough. It's been great through the years to be able to count on people like you. That really makes a difference on our families and also our budget. Being a single mother with three children, it's a great help. And also the personnel are great. Thanks to all the volunteers also.*

-Maria



### Clothing Bank - Clients Served



Volunteers do a great job making the clothing bank look and feel like a department

store. No wonder our numbers have grown, as people enjoy their shopping experience and have success in finding useful, stylish clothes. Simply donating clothes - any easy way to change lives!

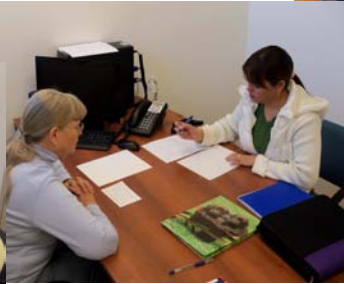
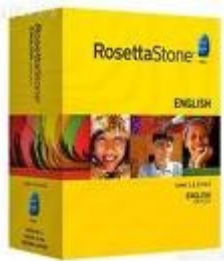




# ESL Education

On any given Wednesday, a dedicated group of CCS volunteers can be found teaching ESL (English as a Second Language) and Citizenship classes to dozens of area residents.

Morning classes were held at Catalina First Baptist Church Sept-Dec, and



are now meeting at Mountain Shadows Presbyterian Jan-May. In the evenings, students gather all around the CCS Hawser Street building to work in small groups, and one-on-one, with various types of materials. This year, the addition of the Rosetta Stone program has been very exciting to both students, and staff. Students are welcome to come into CCS whenever they have time, to practice on the computer program on their own also. Our students' primary languages are Vietnamese as well as Spanish, and all are grateful for their teachers and English lessons.



## Those studying to take the US Citizenship test face quite a challenge.

The test fee is nearly \$700 per person. Administered in English, it covers US history and government. We currently have two students preparing to become US citizens.



Below are a few of the test questions. See how you and your family might do...

*Taken from the study booklet: BECOMING A U.S. CITIZEN Understanding the Naturalization Process, 2nd Edition, Kaplan Publishing, NY.*

- 1.) What are the first three words of the Constitution? 2.) How many Amendments have been made to the Constitution?
- 3.) What happened at the Constitutional Convention? 4.) Name one of the writers of the Federalist Papers (these papers supported the passage of the Constitution).
- 5.) The US bought a territory from France in 1803. What was it? 6.) Name one thing for which Susan B. Anthony is known. 7.) Who was the US President during WWI?

Thank you to all our volunteers—your donations of time and care make all CCS programs possible!

A+



# Volunteers Welcome

*We have planted a Volunteer Garden in front of our Hawser Street offices in honor of all our volunteers, of all you do, of the beauty you bring to the lives of others. We hope you enjoy watching it grow over the years, as our friendships and the effects of your kindnesses grow along with it.*

**YOU**  
Can Make A  
Difference!  
Volunteer.



**Our volunteers are of all ages, yet each is young at heart and makes CCS an enjoyable place to be!**

We offer a number of programs which will help you to find the perfect spot for you here at CCS.

Work in the Food Bank warehouse ♦ Serve customers at the Food Bank service desk ♦ Sort garments in the Clothing Bank ♦ Check customers out in the Clothing Bank ♦ Help prepare meals at the Senior Center ♦ Deliver meals to homebound seniors once a week ♦ Read to children Tuesday mornings ♦ Pick up books from

Bookman's on Mondays ♦ Pick up items from the Diaper Bank once a month ♦ Organize a Food or Clothing Drive with your neighbors, friends or co-workers/business ♦ Give a senior a ride to a doctor appointment ♦ Be an aide in an ESL class ♦ Accompany kids on



a school bus to get new clothes ♦ Teach a Junior Achievement course at Coronado K-8 ♦ Answer the phone for an hour at the front desk ♦ Do some office filing ♦ Tutor kids after-school ♦ Adopt a family for the holidays ♦ Call Bingo at the Senior center a few times ♦ Adopt a homebound senior/call once in a while ♦ Offer a class to the public on some topic for which you have a passion or talent ♦ Share with us your thoughts on additional needs of the commu-



nity ♦ Work on a one time project such as Catalina Youth Day or our April Shred Event ♦ Write an article for a newspaper ♦ Share a talent...



***So many ways to join in...***

We have a wonderful group of CDO High School students who come to volunteer in the Food Bank two afternoons a week. They weigh in food, and sort and pack for us. Thank you for inviting CCS to your Holiday cookie party!



***You make the difference!  
Staff and clients  
appreciate all you do!***



'PARDNERS'!

YEE-HAW! THANK YOU,



New partnerships with **Bookmans** and **Make Way for Books** will help us build on our literacy program



Wilson Wranglers got us off to a great start with their December donation of more than 1000 gently used books!

## Literacy and Continued Education

We have more than 800 children registered in our programs, from infancy to eighteen years old. They don't all come in on a regular basis, but they come to Catalina Community Services when their families need assistance. Each will be able to take home at least one book a month if interested.

Having books of their own, at home, will encourage them to read, and help them develop a love of reading. There are many potential benefits: readiness to learn at school, time spent with parents reading, opportunities for siblings and friends to read together and learn from each other, exposure to new vocabulary, use of imagination and much more...

*"Children are made readers on the laps of their parents."*

- Emilie Buckwald

*"Outside of a dog, a book is a man's best friend. Inside of a dog, it's too dark to read."*

- Groucho Marx

*"The greatest gift is a passion for reading."*

- Elizabeth Hardwick

*"The more you read, the more things you will know. The more that you learn, the more places you'll go."*

- Dr. Seuss, *I Can Read With My Eyes Shut!*

**We have a great volunteer, who is a retired Amphi school librarian.**

She will be in our clothing bank Tuesday mornings reading while parents shop, and helping children choose age and reading level appropriate books. She plans to work with the Coronado K-8 librarian as well. Children have been taking books home each month, and love to peruse through our library cart whenever they come in.

**You can help us grow this program** by donating gently used books for kids of all ages, volunteering to pick books up from Bookmans one Monday morning, reading in the clothing Bank on a Tuesday morning, or offering a financial contribution. The kids will love you for it!



**Parents will also receive reading materials, of a different kind...**

Parent education is an important support piece we want to bring to our community. Soon hundreds of subscriptions of the quarterly magazines shown at left, in both Spanish and English, will be delivered to Catalina Community Services. Our clients will be able to pick up a copy from the lobby or Clothing Bank when they come by.

Parenting classes are also being planned thanks to another great volunteer with professional credentials. We will be offering a variety of classes to the public in the form of an education series. See more about this on the next page...





We have a great team in the kitchen,  
and on the road, delivering meals!

I have nothing but praise for "all" the volunteers. Being a Golden Goose volunteer (3 days weekly) myself, I can appreciate the hard work and efforts of all who are involved. Kudos!

-Pat

It's great. I enjoy it very much. I get out of the house. Enjoy seeing other people.

-Hortensia

Here's what our clients have to  
say about the Senior program...

It is very nice. Good food and good company. -J. F.

It is a great help to Opal and Me not to have to fix meals three days a week. The friendship displayed by all the staff is a blessing to us as we have recently lost some of our older friends. -Bob

The volunteers are a very special group of people. They work hard and with regard for the seniors. The time, care, and quality that they give is greatly appreciated. -Duane

This is great. My sister loves coming here. Thank you.

-Martha



## A Growing Senior Program

We are receiving more and more calls from seniors these days needing help with meals, and we plan to find ways to meet the demand.

If you are a senior wanting to come share a hot mid-day meal at our Senior Center, or know of someone who is somewhat homebound and needs delivery service, please feel free to call Catalina Community Services at 825-0009 to sign up. We can help.



As the CCS Board looks to the future, in developing a Strategic Plan, CCS is looking at opportunities for growth in space and services.

As a way to offer more social and entertainment opportunity, we are adding a couple of new regular events: Seniors will

be able to get together to play cards, Mah-jongg and other games at the Hawser Street location on Thursday afternoons, and competitive bidding between Qwest and Comcast has allowed us to add cable TV to the senior center with stations such as the History Channel, Animal Planet, Discovery, and AMC. We are fortunate to have a variety of entertainers and speakers come by, and hope to enhance this part of the program as well. **There's always something cooking here!**

Some very exciting news we have to share is that a new volunteer has come to us to offer **counseling services free of charge**. Our seniors especially are dealing with many issues such as loss, grief, and loneliness. Many live far from their children and are having to care for a spouse or friend who is ill. This is tough for many, and they often feel alone in that task.

Ann, our new volunteer, has been a counselor for more than 25 years and comes to us with a resume a quarter inch thick. She is a wonderful addition to our team, and has offered to meet with anyone needing an ear.

If interested, please call the Catalina Community Services office at 825-0009 and leave your contact number with a CCS staff member. We will pass that along to Ann, and she will contact you directly.



Elizabeth Anderson has always done a wonderful job with the Santa Party and the Adopt-a-Family program, for Catalina area families. This winter was no exception.



Many partners pitched in to make the holidays memorable.



Mujer de Hoy women staff the gift table.



A grant from SaddleBrooke Rotary provides a book for each child, and the Rotary members come to read aloud at the party.



Our community donates toys, stuffed animals, stockings and blankets as gifts for the children.

Together with Rotary, CCS provides snacks and craft materials.

CCS also donates a dozen trees, and volunteers decorate them. At the end of the party, trees are given to families without a holiday tree.

SIL • Summer Institute of Linguistics provided the Catalina location this year.

Volunteers, Rich & Janice Shaughnessy provide family photos with Santa.



One of our youngest friends, Juan, visits Santa at only 6 days old!



CCS Board member, Peggy Smoot helped with crafts outside.







## Arizona Youth Partnership



**AzYP  
After School  
Program  
For  
6<sup>th</sup>, 7<sup>th</sup>, and  
8<sup>th</sup> graders  
at Coronado**



### CCS partners with AzYP

Recently, Catalina Community Services offered to fund a portion of the local AzYP After-School Program.

**You might be surprised to learn** that CCS has more than 525 students between the school ages of Kindergarten



and eighth grade, registered in the food and clothing bank programs. This is nearly one half of the Coronado K-8 population!

It is especially important for kids to have a place to go on Tuesdays, when school gets out early at 1:15. Virginia is there to get outside with kids and play basketball, football, or any other sport in season. She sees they get a snack, and that they get their homework done. Tutoring is available as well.

Our community is fortunate to have this option open to children. Virginia stays at school until 6pm so working parents don't have to worry about kids being home alone.

**Healthy Youth. Healthy Families.  
Healthy Communities.**

Sample label for Macaroni & Cheese

① **Start Here** →

② **Check Calories**

③ **Limit these Nutrients**

④ **Get Enough of these Nutrients**

⑤ **Footnote**

Nutrition Facts	
Serving Size 1 cup (228g) Servings Per Container 2	
Amount Per Serving	
<b>Calories</b> 250	Calories from Fat 110
% Daily Value*	
<b>Total Fat</b> 12g	18%
Saturated Fat 3g	15%
Trans Fat 3g	
<b>Cholesterol</b> 30mg	10%
<b>Sodium</b> 470mg	20%
<b>Total Carbohydrate</b> 31g	10%
Dietary Fiber 0g	0%
Sugars 5g	
<b>Protein</b> 5g	
Vitamin A	4%
Vitamin C	2%
Calcium	20%
Iron	4%

\* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

	Calories 2,000	2,500
Total Fat	Less than 65g	80g
Sat Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

⑥ **Quick Guide to % DV**

- 5% or less is Low
- 20% or more is High



Virginia spent part of December being trained in an obesity awareness program. She had a great time, when school started up after the holidays, introducing the students to a new kind of snack: healthy vegetables! The students were surprised they liked them. Some they had not even seen before, such as jicama!



They discovered that vegetables with a low fat dip could actually replace Cheetos and soda! They are on their way to healthier eating!



In the after-school program, Virginia is teaching the kids how to read nutrition labels. Our Food Bank is participating also. When we have canned foods that cannot go out to the public because of expired dating, our volunteers remove the labels and give them to Virginia to share with the kids.

The kids plan to make a poster for the Food Bank service lobby to share what they have learned with our food recipients. We expect to have fun during the rest of the school year collaborating and building upon the students' interest in healthy eating and enjoying an active lifestyle.



For more information: **Virginia Madrid** • Phone: 520- 825-0009 • [virginia@azyp.org](mailto:virginia@azyp.org)



## Goals and Plans

Barbara McClure, Executive Director

For those whom I have not yet had

the pleasure of meeting, I would like to share a bit about myself. My husband, Jeff, and I began our family in southern California, then moved our manufacturing business to the Seattle area with a twenty year plan to raise our three boys in the great outdoors of the Pacific Northwest, heading back south once the youngest had grown and settled into college.

We had a wonderful time boating in the NW, and participating in all the outdoor activities that life with three boys brings: soccer, Little League, Scouting, etc... I jumped feet first into my most favorite, life long hobby - volunteering in non-profits: advocating for children, and working with families and seniors. I felt immediately at home, with so many amazing people in the organizations I joined, and in the NW, where there is such a strong culture of voluntarism.

Eight years into our twenty year plan, we realized that the climate of the NW was just too damp and gray for our southern blood. The northwest is

certainly a gorgeous place to be, on a sunny day, but there just weren't enough of those for us.

We spent years researching where we wanted to settle, decided on Tucson, then worked to make that dream happen. Fifteen years, nearly to the date, we sold our business, climbed into a motorhome with our youngest son Parker, (then 15 years old) and toured the US for 11 months, traveling through 45 states and landing in Santa Catalina State Park just five weeks before Parker began his Junior year at CDO. We now live here in the Catalina area.

I am a firm believer that setting goals is the first step to making your dreams a reality, and my creative spirit allows me to imagine endless possibilities. This passion for possibilities and people makes me a natural to seek partnerships and collaborate on projects to make them the best they can be.

With expanded programming well under way, I hope to introduce more of you to the joy of volunteering at Catalina Community Services. That is how I first began here, as a volunteer, then a Board member - and now, as Executive Director I invite you all to participate somehow.

Our boys had the dual advantage of growing up in a family that was committed to community, and in a community that was committed to others. Their schools offered multiple volunteer opportunities each year, assisting in local projects and addressing global issues and needs.

You can expect to see more school aged kids getting involved with CCS, and connecting to their broader community in new ways. This is part of my personal commitment to children, and I think the partnership will be wonderful for all.

Looking back, I spent fifteen years serving on non-profit Boards, organized a wide variety of school and community programs, chaired myriad committees, worked with education, worked on city projects, advocated for children at the WA legislature, served as a PCO and am continuing my habits here in the Southwest. I think I may have been born a volunteer!

I hope all of you will feel welcome to stop by Hawser Street and visit with me some time. I welcome both your concerns and your great ideas!

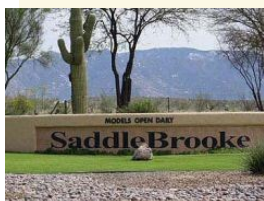


Meet one of our newest, youngest, volunteers—Harrison. A seven year old, Cooper Creek first grader, this young man had a birthday party recently and suggested to his young guests that they bring food for the hungry, instead of gifts. We were all so impressed! He dropped off 93.6 pounds of food to the Food Bank. Harrison stepped up on the scale to find he weighed a mere 57.2 pounds!

All volunteers at Catalina Community Services are the best!  
Always friendly and helpful. **YOU ROCK!!** -Michael & Kathleen



## So Many People and Business Partners to THANK...!



SaddleBrooke neighborhoods and clubs for your continued support!

**There are so many of you!**

Unit 32, lead by Rennie Temple held a neighborhood food drive called, "Fill the Chevy".

They brought in 283 pounds of canned food and lots of cash, in a very fun and creative way!



Tucson Marathon Committee for cases of bananas and extra food after the big event!

Our 40 Volunteers who are spending an hour a week (5 to 6 weeks) in the classrooms at Coronado K-8 to teach a business and economics curriculum. Students LOVE it!



Golder Ranch Fire Department: Captain Seeley's Crew for inviting one of



our families to dinner at the fire house. The whole family had a wonderful time!

Thank you to the Golden Goose Board, staff, and the many volunteers who work so hard every day, and who provide us with a solid financial foundation. **You all help to make our programs possible!**



## Ever wonder how we fund all our great programs?

**15% comes through grants with Pima County**

**53% from Golden Goose Thrift Shop distributions**

**32% as cash donations from YOU and local businesses**

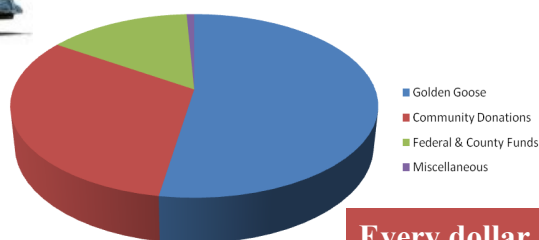
**Our current goal is to raise \$75,000 more from community contributions over the four months**

remaining in our fiscal calendar - March April, May, and June.

Please consider making a donation so that we may continue to offer many opportunities to our friends and neighbors needing assistance with some of life's most basic necessities. With your support, our

community of individuals, families, and seniors will have food, clothing, hot meals, educational opportunities, after-school snacks and programs, and emotional support.

Catalina Community Services Funding 2010-2011



**Every dollar makes a difference!**

## Do you know about our connection to the Goose?

**100% of the Goose profits support two local charities: Catalina Community Services & SaddleBrooke Outreach.**

Though a separate 501(c)3, the Golden Goose Board is made up of representatives from both organizations.

The Goose accepts nearly all types of gently used items - everything but clothing. Our CCS volunteers do all the presorting of clothing for the Goose, then send those items that are marketable to the thrift store - and clothing is their second highest income generating department!

**The Golden Goose Thrift Shop**  
**15970 N. Oracle Rd. Catalina, AZ 85739**

**Shopping Hours: Tuesday - Saturday 10:00am to 2:00pm**



**(520) 825-9101**

**[www.goldengooseaz.com](http://www.goldengooseaz.com)**

You support Catalina Community Services when you donate items to, or shop at, the Golden Goose!



Support from local businesses



Thank you  
**Balloon  
Lady**  
for adding the

**colors of spring**  
to our winter newsletter !

[linda@balloonlady.biz](mailto:linda@balloonlady.biz)  
520-498-4908



Catalina  
Community  
Services  
825-0009

3535 E Hawser St.  
Tucson, AZ 85739

NON-PROFIT ORG  
US POSTAGE  
PAID  
TUCSON AZ  
PERMIT #541

I cannot thank  
all of you  
enough. It's  
been great  
through the years to  
be able to count on  
people like you. That  
really makes a differ-  
ence on our families  
and also our budget.  
Being a single moth-  
er with three chil-  
dren it's a great help.  
Thanks to all the  
volunteers.

- Maria

I am so impressed  
by all the services  
you provide. Every  
person I've come in  
contact with here has  
been friendly and  
kind.

- Erin

Always cheerful,  
helping turn a bad  
day around.

- Michael

... a few client  
comments

Looking for a meaningful place to **VOLUNTEER?**  
Come to Catalina Community Services!



Mission: To provide assistance to Greater Catalina residents to improve their quality of life.

Vision: To be the Resource Center of choice with consistent services by volunteers to all residents of the Greater Catalina Area.

- ◆ Work close to home, in Catalina
- ◆ Impact your community
- ◆ Find a variety of things to do, and ways to help
- ◆ Help on a regular basis or on a one-time project
- ◆ We can arrange a task to fit your schedule
- ◆ Take the opportunity to meet new friends
- ◆ Make a difference in the lives of hundreds of local residents



**Find more details inside this newsletter!**

*Feel free to stop by, or call to sign up or learn more. (520) 825-0009*